									Operational Planning for activity based actions only								Evaluation Planning	← PLAN →	Reporting for all actions		Reporting for activity based actions							Reporting on Reach				
Strategic Goal	Objective	Action	Staff Lead	Main Funding Partner	Main Delivery Partner	Action Output	Action Category	Behaviour Change Theory-Primary COM-B Effect of the action (where applicable)	Budget (exl. Core Staff Time & Operating Costs)	Identifying (where applicable) Target Group (where applicable)							Will the Single Item Measure be used to capture PA levels of participants?		Cost to LSP (exl. Core Staff Time & Operating Costs)	Level of completion	Name of Initiative (Dropdown list)	Name of Initiative (Other - free text)	Type of Sport/Activity	Primary Delivery Mechanism	No of events/courses/programmes/delivered	Duration of programme/ initiative in weeks	No of sessions in programme/ initiative	Duration of each session (hrs)	No of Adults			
										Target Number of Programmes/Courses/ Events	Target Number of Participants	Gender	Age	Ability	Socio-economic disadvantage	Ethnicity											Total	Males	Females	Other
Strengthen existing engagements & create new partnerships with agencies.	Number of agreements with existing partners & stakeholders	Sign heads of agreement/memorandum of understanding	Coordinator		Other	Number of agreements signed (4)	Developing Partnerships	Psychological Capability Building	0	4	4						No														
	Number of participation "gaps" in sports provision in Galway identified, where NGB's can fulfil the role of provider	Engage with community & NGBs to identify any gaps in provision of physical activity & develop ways to fill the games where appropriate	CSDO	Other	NGB	Number of plans established to close gaps	Research & Evaluation	Reflective Motivation	10000	4	4						No														
	Full & continued involvement of the Steering Group in the leadership & direction of GSP, including full support for the vision & mission of the organisation	Ensure Steering group are made aware of programmes & events & given the opportunity to contribute to the work of the LSP.	Coordinator	Other	Local Authority	Number of meetings & subgroup meetings of the Steering group	LSP Governance	Reflective Motivation	0								No														
	Full & continued involvement of the Steering Group in the leadership & direction of GSP, including full support for the vision & mission of the organisation	Establish working groups to coordinate the Active Cities Programme	Coordinator	Pobal (Dormant Accounts)	Local Authority	Delivery of work plan for the Active Cities Programme	LSP Management	Psychological Capability Building	4000	10	8	All	All Ages	All abilities		All Ethnicities	No													
	Number of effective partnerships with NGBs	Establish new & enhance existing partnerships with NGBs	CSDO	Other	NGB	Establishment of at least 6 new partnerships to enable delivery of training & programmes	Developing Partnerships	Physical Opportunity Development	4000	6	6						No														
Put in place and maintain an effective communications plan	Annual Communication Plan Developed	Develop an annual communication plan	Coordinator	Other	Other	Publication of a communication plan	Communication and Building Aw	Automatic Motivation	3000	1	6																				
	Annual Communication Plan Developed	Produce a periodic newsletter to promote GSP and the programmes, activities and training we deliver.	Administrator	Other	Other	Production of newsletters (min 4)	Communication and Building Aw	Automatic Motivation	2000	4	6						No														
	Annual Communication Plan Developed	Produce promotional programme for events and activities	CSDO	Other	Other	Programme of events & activities published.	Communication and Building Aw	Reflective Motivation	1000	1	6						No														
	Annual Communication Plan Developed	Creation & maintenance of an effective communication system with sports clubs, schools and communities through website, social media outlets, Facebook and databases.	Administrator	Local Authority	Sports Club	Review of social media policy to include promotional plan for all events & activities.	Communication and Building Aw	Reflective Motivation	8000	1	6						No														
	Creation & maintenance of an effective communications system with sports clubs, schools and communities through website, social media outlets, Facebook and databases	Produce an up to date database for schools, clubs, leisure centres and community groups in compliance with GDPR.	Coordinator	Other	Other	Review of social media policy to include promotional plan for all events & activities.	Community/club/group develop	Reflective Motivation	4000								No														
	Structured communications plan with local media	Consult with local media outlets to devise and effective media plan	Coordinator	Other	Other	Produce a number of highlight pieces with local media. E.g. radio interviews/presentations, newspaper pieces.	Communication and Building Aw	Reflective Motivation	2000								No														
Establish baseline figures for participation in sport & physical activity	Establish baseline figures for participation in sport & physical activity	Link with NUI Galway, Health Promotion, Geography and other departments to complete a baseline study	Coordinator	Other	University/IT	Establishment of baseline figures for participation in Galway	Research & Evaluation	Automatic Motivation	3000	1							No														
Continue to provide & support opportunities for the people in Galway to participate in sport	Necessary resources to support this plan are fully sourced	Funding: Apply to Sport Ireland & other relevant bodies to source funding to support the plan.	Coordinator	Other	Other	Funding acquired	Other	Physical Capability Building	4000								No														
	Necessary resources to support this plan are fully sourced	Personnel: 1. Tutor panel established 2. Staff secured for specific projects. 3. Student placements recruited. 4. Volunteers recruited to deliver programmes.	Coordinator	Local Authority	Other	Number of staff, tutors & placements secured	LSP Management	Physical Capability Building	4000								No														
	Necessary resources to support this plan are fully sourced	Source facilities & equipment in order to deliver operational plan	CSDO	Other	Sports Club	Number of facilities used to deliver programmes highlighting the number of new facilities used.	Developing Partnerships	Physical Capability Building	0								No														
	Communities empowered to develop deliver & sustain sports & physical activity programmes locally through training & support.	Increase capacity of local volunteers to deliver activities by way of informing groups of training opportunities	CSDO	Other	NGB	Number of coaching development courses supported	Communication and Building Aw	Physical Capability Building	5000	10	200	All	All Adults	All abilities		All Ethnicities	No													
	Communities empowered to develop deliver & sustain sports & physical activity programmes locally through training & support.	Increase capacity of local volunteers to deliver activities by way of delivery of training opportunities	CSDO	Other	NGB	Number of coaching development courses supported	Training & Education	Physical Capability Building	20000	24	300	All	All Adults	All abilities		All Ethnicities	No													
	More effective & efficient use of existing sports facilities	Establish & promote existing facilities availability and promote their availability	Administrator	Other	Sports Club	Listing of facilities open for usage published.	Communication and Building Aw	Automatic Motivation	1000	4	100	All	All Ages	All abilities		All Ethnicities	No													
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver sport & physical activity opportunities to local communities and support them through our programme funding scheme & other initiatives.	CSDO	Other	Sports Club	Allocation of Club Development Grant & other funding available to clubs in the LSP area.	Community/club/group develop	Physical Capability Building	30000	20	400	All	All Ages	All abilities		All Ethnicities	No													
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver sport & physical activity opportunities during the European Week Of Sport.	CSDO	Other	Sports Club	Delivery of EWOS programme covering City & County	Taster Sessions	Physical Opportunity Development	4000	10	200	All	All Ages	All abilities	Disadvantaged	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver programmes with older adults	SIDO	Healthy County/City	Community Group	2 programmes delivered	LSP Programmes	Physical Capability Building	3000	4	30	All	Older Adults 55+	All abilities	Disadvantaged	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Support Clubs in becoming more inclusive & open to individuals with disabilities e.g. Tennis, GAI, GAA, etc	SIDO	Other	Sports Club	4 support programmes	Community/club/group develop	Psychological Capability Building	2000	4	40	All	All Ages	All abilities	Marginally below average	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver summer camp for children/teens with disabilities	SIDO	Healthy County/City	NGB	2 camps delivered	LSP Programmes	Physical Capability Building	4000	2	40	All	All Children	All people with a disability	Marginally below average	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver equestrian programmes across City & County to individuals with disabilities	SIDO	Local Authority	Other	4 programmes delivered	LSP Programmes	Physical Capability Building	5000	4	16	All	All Ages	All people with a disability	Marginally below average	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver learn to swim programme to individuals with disabilities	SIDO	HSE	Leisure Centre/Gym	4 programmes delivered	LSP Programmes	Physical Capability Building	2000	4	32	All	All Ages	All people with a disability	Disadvantaged	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver adult/toddler swim lessons for direct provision centres.	CSDO	HSE	NGB	4 programmes delivered	LSP Programmes	Physical Capability Building	4000	4	40	All	All Ages	All abilities	Very disadvantaged	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver Pickleball programme to older adults & Men's Sheds group	CSHDO	HSE	Other	4 programmes delivered	LSP Programmes	Physical Capability Building	1600	4	40	All	Older Adults 55+	All abilities	Very disadvantaged	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver programmes Scooch programme to Men's Shed group	CSDO	Local Authority	Community Group	4 programmes delivered	LSP Programmes	Physical Capability Building	1600	4	40	All	Older Adults 55+	All abilities	Disadvantaged	All Ethnicities	No														
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Support local clubs/groups in applying for funding	CSHDO	Other	Other	Meeting & workshops with local clubs/groups to provide information that will enhance their chance of funding.	Community/club/group develop	Physical Opportunity Development	1000	3	40	All	All Ages	All abilities		All Ethnicities	No													
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Support local clubs/groups to deliver programmes through the Club Development fund	Coordinator	Other	Club (Other)	Allocate funding under the Club Development Fund 2023	Community/club/group develop	Physical Opportunity Development	50000	45	800	All	All Ages	All abilities		All Ethnicities	No													
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Support local clubs in Galway City in applying for the City Council Sports Club Grant	Coordinator	Other	Club (Other)	Allocate funding under the Club Development Fund 2023	Community/club/group develop	Physical Opportunity Development	140000	60	10000	All	All Ages	All abilities		All Ethnicities	No													
	increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver programmes with a variety of populations with low levels of participation or lack of participation opportunities	Coordinator	Pobal (Dormant Accounts)	Community Group	Delivery of 2 Community Sports Hubs	Community/club/group develop	Physical Capability Building	120000	2	400	All	All Ages	All abilities	Disadvantaged	All Ethnicities	No														

									Operational Planning for activity based actions only								Evaluation Planning	← PA →	Reporting for all actions		Reporting for activity based actions						Reporting on Reach				
Strategic Goal	Objective	Action	Staff Lead	Main Funding Partner	Main Delivery Partner	Action Output	Action Category	Behaviour Change Theory-Primary COM-B Effect of the action (where applicable)	Budget (ex. Core Staff Time & Operating Costs)	Identifying (where applicable)	Target Group (where applicable)						Will the Single Item Measure be used to capture PA levels of participants?		Cost to LSP (ex. Core Staff Time & Operating Costs)	Level of completion	Name of Initiative (Dropdown list)	Name of Initiative (Other - free text)	Type of Sport/Activity	Primary Delivery Mechanism	No of events/courses/programmes/delivered	Duration of programme/ initiative in weeks	No of sessions in programme/ initiative	Duration of each session (hrs)	No of Adults			
										Target Number of Programmes/Courses/ Events	Target Number of Participants	Gender	Age	Ability	Socio-economic disadvantage	Ethnicity											Total	Males	Females	Other
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver programmes with a variety of populations with low levels of participation or lack of participation opportunities	CSDO	Other	Community Group	Number of initiatives & events delivered as part of the CSH	Community/club/group develop	Physical Capability Building	60000	10	400	All	All Ages	All abilities	Disadvantaged	All Ethnicities	No													
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Support local clubs/groups in applying for funding	Coordinator	Other	Other	Meeting & workshops with local clubs/groups to provide information that will enhance their chance of funding.	Community/club/group develop	Physical Opportunity Development	400	3	40	All	All Ages	All abilities		All Ethnicities	No													
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver City Wide Youth Programme	Coordinator	Local Authority	Youth Service	4 areas targeted with 8 week programmes	LSP Programmes	Physical Opportunity Development	10000	4	80	All	Secondary School Children	All abilities	Very disadvantaged	All Ethnicities	No													
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver Teenage girls activity programme with youth at risk with low levels of participation or lack of participation opportunities.	CSHDO	HSE	Community Group	Delivery of 4 programmes for teenage girls.	LSP Programmes	Physical Opportunity Development	4000	4	48	Female	Secondary School Children	All abilities	Disadvantaged	All Ethnicities	No													
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver sport and physical activity opportunities during Bike Week	CSDO	Dept. of Transport Tourism and Sport	Local Authority	Programme of events & activities delivered during Bike Week	Taster Sessions	Physical Capability Building	40000	25	700	All	All Ages	All abilities		All Ethnicities	No													
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver Urban Adventure education programme for Youth at Risk	CSHDO	Dept. of Children and Youth Affairs	Other	Number of participants who attend the course (10)	LSP Programmes	Physical Capability Building	2500	1	15	All	Secondary School Children	All abilities		All Ethnicities	Yes, at registration and post initiative													
	Increase number of new opportunities & supports to participate in a variety of physical activities - new clubs, groups etc.	Deliver sport MOTM & WOTM programmes along with BuggyBuddies	CSHDO	Healthy County/City	Leisure Centre/Gym	8 programmes delivered	LSP Programmes	Physical Capability Building	6000	8	100	All	All Adults	All abilities	Disadvantaged	All Ethnicities	Yes, at registration and post initiative													
	Greater local involvement in the provision of programmes & activities by developing a formal process of instigation, progression, evaluation & withdrawal by GSP	Deliver Dance Programme for disadvantage youth	CSHDO	HSE	Community Centre	2 programmes delivered	LSP Programmes	Physical Capability Building	2000	2	30	All	Secondary School Children	All abilities	Very disadvantaged	All Ethnicities	Yes, at registration and post initiative													
	Greater local involvement in the provision of programmes & activities by developing a formal process of instigation, progression, evaluation & withdrawal by GSP	Social Badminton Program	CSDO	Other	Community Group	2 programmes delivered	LSP Programmes	Physical Capability Building	600	2	16	All	All Adults	All abilities	Very disadvantaged	All Ethnicities	No													
	Greater local involvement in the provision of programmes & activities by developing a formal process of instigation, progression, evaluation & withdrawal by GSP	Support Parkrun in increasing participation in the programme. Support Park Run to develop new runs where viable.	CSDO	HSE	parkrun	Promotional of ParkRun twice a year & support of establishment of a Parkrun where viable.	Community/club/group develop	Physical Opportunity Development	1000	3	800	All	All Ages	All abilities	Disadvantaged	All Ethnicities	No													
	Greater local involvement in the provision of programmes & activities by developing a formal process of instigation, progression, evaluation & withdrawal by GSP	Establish Active Cities Galway as a programme of note in Galway City	Coordinator	Pobal (Dormant Accounts)	Local Authority	Establishment of Active Cities Galway a programme within Galway City Council	Developing Partnerships	Psychological Capability Building	160000	20	40000	All	All Ages	All abilities	Very disadvantaged	All Ethnicities	No													
	Greater local involvement in the provision of programmes & activities by developing a formal process of instigation, progression, evaluation & withdrawal by GSP	Deliver a number of programmes targeting the various target groups in Galway	CSDO	HSE	Community Group	Number of programmes delivered & people involved in programmes	LSP Programmes	Physical Capability Building	15000	18	400	Male	All Ages	All abilities	Disadvantaged	All Ethnicities	Yes, at registration and post initiative													
	Greater local involvement in the provision of programmes & activities by developing a formal process of instigation, progression, evaluation & withdrawal by GSP	Deliver 4 Men On The Move programmes	CSDO	Healthy County/City	Community Group	Delivery of 4 MOTM programmes (focused on sustainability of group into the future)	LSP Programmes	Physical Capability Building	3200	4	80	Male	All Adults	All abilities	Disadvantaged	All Ethnicities	No													
Assist school communities to develop, lead and sustain physical activities for their pupil populations.	Increased number of schools obtaining Active Schools Flag and Green Schools Travel Award	Promote programmes for schools to help gain the Active Schools Flag including but not limited to Daily Mile, Get Ireland Walking,	CSDO	Other	School (Primary)	Number of schools who obtain/retain the Active Schools Flag	Communication and Building Aw	Physical Opportunity Development	2000	2	230	All	Primary School Children	All abilities		All Ethnicities	No													
	Increased number of schools obtaining Active Schools Flag and Green Schools Travel Award	Deliver a number of programmes under the Green Schools Flag in conjunction with An Taisce & the Local Authorities	CSDO	Other	Local Authority	Number of schools supported in gaining Greens Schools Flag.	Communication and Building Aw	Psychological Capability Building	1000	2	230	All	Primary School Children	All abilities		All Ethnicities	No													
	Increased participation in the "Safe Cycling" programme in primary & secondary schools in association with relevant agencies.	Deliver Balance bike programme to preschools	SIDO	Local Authority	Community Group	Delivery of two balance bike programmes	LSP Programmes	Physical Capability Building	3000	6	100	All	Primary School Children	All people with a disability	Disadvantaged	All Ethnicities	No													
	Increased participation in the "Safe Cycling" programme in primary & secondary schools in association with relevant agencies.	Support the delivery of the Cycle programme in Galway.	CSDO	Local Authority	School (Primary)	Number of schools who avail of the programme	Developing Partnerships	Physical Capability Building	10000	20	300	All	Primary School Children	All abilities	Disadvantaged	All Ethnicities	No													
	Area specific programmes of sport & physical activity created in association with Schools Completion programmes to deliver 8 area specific programmes	link with Schools completion programmes to deliver 8 area specific programmes	CSDO	Other	School (Primary)	8 programmes delivered to DEIS schools	LSP Programmes	Physical Capability Building	8000	8	240	All	Primary School Children	All abilities	Very disadvantaged	All Ethnicities	No													
	Promote The Daily Mile programme in all Primary Schools	Contact all primary schools to promote The Daily Mile	CSDO	Other	School (Primary)	Increase in the number of schools who partake in The Daily Mile programme	Communication and Building Aw	Physical Opportunity Development	0	235	2300	All	Primary School Children	All abilities		All Ethnicities	No													
	Increased participation in the "SportsHall Athletics" programme in primary & in association with Athletics Ireland.	Support SportsHall Athletics Programme	CSDO	Other	School (Primary)	Number of schools who take up the programme	LSP Programmes	Physical Capability Building	6000	12	1400	All	Primary School Children	All abilities	Disadvantaged	All Ethnicities	No													
Increase the use of the natural environment in Galway, to provide more accessible and sustainable opportunities for communities to participate in sport and physical activity.	Enhanced level of club/school links.	Deliver an outdoor adventure programme for teenagers in Connemara and Galway City.	CSDO	Healthy County/City	ETB	2 programmes of Outdoor Adventere initives for youth groups.	LSP Programmes	Physical Capability Building	12000	4	80	All	Secondary School Children	All abilities	Disadvantaged	All Ethnicities	No													
	Increased use of the natural infrastructure including coastal & inland waterways as a facility for participation in sport & physical activities for use by all communities in Galway	Support the HER OUTDOORS initiative	CSDO	Other	Club (Other)	Deliver a programme of events for HER Outdoors Week	LSP Events	Physical Opportunity Development	6000	10	100	Female	All Ages	All abilities	Disadvantaged	All Ethnicities	No													
	Increased use of the natural infrastructure including coastal & inland waterways as a facility for participation in sport & physical activities for use by all communities in Galway	Deliver a WOW (Women On The Water Programme in 4 areas of Galway)	CSDO	Other	Other	Deliver a range of paddle activities across Galway	LSP Programmes	Physical Capability Building	6000	4	32	Female	All Adults	All abilities	Disadvantaged	All Ethnicities	No													
	Increased use of the natural infrastructure including coastal & inland waterways as a facility for participation in sport & physical activities for use by all communities in Galway	Deliver a number of hillwalking & mountain biking programmes.	CSDO	Other	NGB	Delivery of hillwalking events & mountain biking events in Galway	LSP Events	Physical Opportunity Development	6000	4	40	Female	All Adults	All abilities	Disadvantaged	All Ethnicities	No													
	Increased use of the natural infrastructure including coastal & inland waterways as a facility for participation in sport & physical activities for use by all communities in Galway	Organised a number of walks for Operation Transformation	CSDO	Healthy Ireland	Community Group	Number of community walks organised	Taster Sessions	Physical Capability Building	6000	6	300	All	All Ages	All abilities		All Ethnicities	No													
	Greater number of opportunities provided through clubs/organisations for people to participate in a wide range of outdoor activities - walking, cycling, & water sports using the natural environment of Galway.	Deliver 4 walking football programme for adults from disadvantaged areas.	SIDO	NGB	Community Group	4 programmes delivered	LSP Programmes	Physical Capability Building	6000	4	48	All	Older Adults 55+		Marginally below average	All Ethnicities	No													
	Enhanced number of locally organised community based activities that use the natural environment, supported & promoted by GSP.	Senior circuit program delivery	CSDO	ETB	Other	Delivery of 4 senior circuits programmes	LSP Programmes	Physical Capability Building	6000	4	40	All	Older Adults 55+	All abilities	Disadvantaged	All Ethnicities	Yes, at registration and post initiative													

									Operational Planning for activity based actions only								Evaluation Planning	← PA →	Reporting for all actions		Reporting for activity based actions						Reporting on Reach				
Strategic Goal	Objective	Action	Staff Lead	Main Funding Partner	Main Delivery Partner	Action Output	Action Category	Behaviour Change Theory-Primary COM-B Effect of the action (where applicable)	Budget (exl. Core Staff Time & Operating Costs)	Identifying (where applicable) Target Group (where applicable)							Will the Single Item Measure be used to capture PA levels of participants?		Cost to LSP (exl. Core Staff Time & Operating Costs)	Level of completion	Name of Initiative (Dropdown list)	Name of Initiative (Other - free text)	Type of Sport/Activity	Primary Delivery Mechanism	No of events/courses/programmes/delivered	Duration of programme/ initiative in weeks	No of sessions in programme/ initiative	Duration of each session (hrs)	No of Adults			
										Target Number of Programmes/Courses/ Events	Target Number of Participants	Gender	Age	Ability	Socio-economic disadvantage	Ethnicity											Total	Males	Females	Other
	Enhanced number of locally organised community based activities that use the natural environment, supported & promoted by GSP.	Deliver 4 Buggy Buddies programmes in Socially disadvantaged areas of Galway	CSDO	HSE	Community Group	4 Buggy Buddy programmes delivered	LSP Programmes	Physical Opportunity Development	6000	4	60	Female	All Adults	All abilities	Disadvantaged	All Ethnicities	Yes, at registration and post initiative														
	Enhanced number of locally organised community based activities that use the natural environment, supported & promoted by GSP.	Deliver 3 Midnight Soccer programmes in disadvantaged areas of Galway	CSDO	Local Authority	NGB	3 Midnight leagues established	LSP Programmes	Physical Opportunity Development	6000	3	120	All	Secondary School Children	All abilities	Very disadvantaged	All Ethnicities	No														
	Activity Leader courses delivered to youth & community group leaders.	Coordinate the delivery of Be Active ASAP.	CSDO	HSE	School (Primary)	1 training course delivered	Training & Education	Psychological Capability Building	6000	1	12	All	All Adults	All abilities	Disadvantaged	All Ethnicities	No														
	Be Active After School Activity programme training delivered to teachers in schools in Galway.	Coordinate the delivery of Be Active ASAP.	CSDO	HSE	School (Primary)	4 courses delivered	LSP Programmes	Physical Capability Building	6000	4	60	All	Primary School Children	All abilities	Disadvantaged	All Ethnicities	No														
	Be Active After School Activity programme training delivered to teachers in schools in Galway.	Deliver walking leader and Nordic walking leader courses	SIDO	HSE	Community Centre	2 Courses delivered	Training & Education	Psychological Capability Building	6000	2	20	All	All Adults	All abilities	Marginally below average	All Ethnicities	No														
	Deliver the Community Walking Leader Course	Deliver Nordic walking courses	SIDO	HSE	Community Group	4 courses delivered	LSP Programmes	Physical Capability Building	6000	4	40	All	All Adults	All abilities	Disadvantaged	All Ethnicities	No														
	Deliver the Community Walking Leader Course	Deliver 6 Activator Pole Programmes	SIDO	Healthy Ireland	Community Group	6 programmes delivered	LSP Programmes	Physical Capability Building	6000	6	60	All	Older Adults 55+	All abilities	Disadvantaged	All Ethnicities	No														
Support development of coach education opportunities for volunteers of Galway clubs, communities, sporting groups and organisations.	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Deliver 8 sports specific First Aid courses.	Administrator	Other	Other	8 courses delivered	Training & Education	Physical Capability Building	6000	8	48	All	All Adults	All abilities	Disadvantaged	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Organise & support 4 coaching courses for minority sports in Galway.	CSDO	NGB	Sports Club	4 courses delivered in minority sports coaching courses	Training & Education	Physical Capability Building	6000	4	40	All	All Adults	All abilities		All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Deliver Autism in Sport Training	SIDO	Cara Centre	Other	Number of courses delivered	Training & Education	Psychological Capability Building	6000	4	40	All	All Ages	All abilities	Marginally below average	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Deliver Disability Inclusion Training Course	SIDO	Local Authority	Other	Number of courses delivered	Training & Education	Psychological Capability Building	6000	4	40	All	All Adults	All abilities	Marginally below average	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Deliver Disability Awareness Training Course	SIDO	Other	Other	Number of courses delivered	Training & Education	Psychological Capability Building	6000	6	60	All	All Ages	All abilities	Marginally below average	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Provide 4 Coaching Children's courses	CSDO	Other	Sports Club	Delivery of 4 courses	Training & Education	Psychological Capability Building	6000	4	40	All	All Adults	All abilities	Disadvantaged	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Provided Physical Literacy courses	CSDO	Other	Sports Club	Delivery of 6 courses	Training & Education	Physical Capability Building	6000	6	60	All	All Adults	All abilities	Marginally above average	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Support the provision of Cycle Right and AXA Community Bike Ride Training	CSDO	Local Authority	NGB	Number of courses delivered	Training & Education	Physical Capability Building	6000	2	20	All	All Adults	All abilities	Marginally below average	All Ethnicities	No														
	Provision of coach education training initiatives at local level, Safeguarding, first aid, SAQ, Activity Leadership courses and Safe Cycle Training.	Deliver Sports Leader UK programme to TY students in Disadvantage areas	Coordinator	Other	Other	4 courses delivered	Training & Education	Physical Capability Building	6000	4	120	All	Secondary School Children	All abilities	Disadvantaged	All Ethnicities	No														
	Increase capacity of local volunteers to deliver activities through provision of training opportunities.	Deliver Volunteer Training programme to administrators of clubs.	Coordinator	Pobal (Dormant Accounts)	Other	Number of courses delivered & number of attendees who receive training	Training & Education	Automatic Motivation	6000	6	120	All	All Adults	All abilities		All Ethnicities	No														
	Increase capacity of local volunteers to deliver activities through provision of training opportunities.	Delivery of Volunteer Supports training events.	Coordinator	Pobal (Dormant Accounts)	ETB	Number of courses delivered & number of attendees who receive training	Training & Education	Automatic Motivation	6000	8	160	All	All Adults	All abilities		All Ethnicities	No														
	Provision of information on coach education courses held both locally & Nationally - NGB training courses, & including "minority" sports training courses.	Promote coach education courses for all sports especially minority sports on social medial platforms.	Coordinator	Other	University/IT	Delivery of coaching courses for students in both ATU, Galway Community College & club volunteers	Training & Education	Psychological Capability Building	6000	10	100	All	All Adults	All abilities		All Ethnicities	No														
	Provision of information on coach education courses held both locally & Nationally - NGB training courses, & including "minority" sports training courses.	Engage with broader Galway community & Volunteer Galway to inform them of courses delivered by GSP	CSDO	Other	Other	2 programmes delivered	Training & Education	Psychological Capability Building	6000	2	50	All	All Ages	All abilities	Marginally below average	All Ethnicities	No														
Support training & upskilling opportunities for volunteer club administrators.	Coordination mutual training events with the various NGBs of sport.	Deliver a number of cross sport training initiatives.	Coordinator	Pobal (Dormant Accounts)	NGB	Number of workshops delivered	Training & Education	Psychological Capability Building	6000	6	80	All	All Adults	All abilities	Disadvantaged	All Ethnicities	No														
	Organisation & delivery of information sessions on funding applications, local & national funding opportunities.	Deliver training for club officers in a range of skills in conjunction with Volunteer Galway	Coordinator	Pobal (Dormant Accounts)	Other	Number of training workshops delivered	Training & Education	Psychological Capability Building	6000	4	80	All	All Adults	All abilities			No														
	Organisation and delivery of seminars on social media for clubs.	Link with Volunteer Galway, Volunteer Ireland & The Wheel to share information on training and education in the area of Volunteerism.	Coordinator	Other	Other	Number of workshops & information events delivered	Training & Education	Psychological Capability Building	6000	10	100	All	All Adults	All abilities			No														
To enhance and develop partnerships in order to achieve mutual goals & help Galway to become more active more often.	Provision of information about local & national events concerning the administration of volunteers & administrators - Galway Volunteer Centre, Volunteer Ireland & The Wheel.	Establish & update a calendar of events & training opportunities for volunteers	Administrator	Pobal (Dormant Accounts)	Other	Establishment of calendar linked to social media & website	Training & Education	Psychological Capability Building	6000	1																					
	Strong Governance structures in place to enhance the work of GSP	Engage with the Steering Group to provide leadership & direction.	Coordinator	Other	Other	Delivery of governance report at each Steering Goup meeting	LSP Governance	Reflective Motivation	6000																						
	Full & continued involvement of the Steering Group in the leadership & direction of GSP, including full support for the vision & mission of the organisation	Establish working groups to oversee specific areas of work.	Coordinator	Other	Other	Number of working groups established to deliver on GSP mission	LSP Governance	Reflective Motivation	6000																						
	Use of the experience & skills of the Steering Group members to guide & oversee the work of GSP in its primary objectives	Deliver on communications plan including dissemination to partners.	Coordinator	Local Authority	Local Authority	Number of meetings & subgroup meetings of the Steering group	LSP Governance	Reflective Motivation	6000																						
Strengthen our relationship with the Steering Group membership to maximise opportunities for physical activity provision.	A greater emphasis on the communication of the aims & workings of GSP to enhance the profile of the sports partnership through representatives, & other potential partners	Work with Steering group and partners to deliver on goals and objectives that are aligned.	Coordinator	Other	Local Authority	Number of campaigns & communication networks established	Communication and Building Aw	Automatic Motivation	6000																						
	Alignment of goals & objectives of GSP & those of the Steering Group member agencies	Workshop with Steering Group members to align goals of GSP with those of the Steering Group member organisations	Coordinator	Other	Local Authority	Number of plans & strategies GSP appears in	Developing Partnerships	Automatic Motivation	6000																						
	Establishment of memorandum of understanding with partners on major projects	Establish MOUs with partners to solidify working programmes to achieve mutual goals.	Coordinator	Other	Other	Number of MOUs signed by GSP	Developing Partnerships	Automatic Motivation	6000																						
	Completed review of operational plan on a quarterly basis.	Link with Steering Group members regarding possible programmes & initiatives that their organisation could have an impact on.	Coordinator	Other	Other	Number of projects & programmes delivered with SG members.	Developing Partnerships	Reflective Motivation	6000																						
	Steering Group members to leverage financial & other support for GSP to promote programmes & initiatives.	Implementation of programmes and promotion of programmes being rolled out jointly or singularly.	Coordinator	Other	Other	Higher recognition of GSP & partner programmes.	Communication and Building Aw	Reflective Motivation	6000																						

									Operational Planning for activity based actions only								Evaluation Planning	← PA →	Reporting for all actions		Reporting for activity based actions							Reporting on Reach				
Strategic Goal	Objective	Action	Staff Lead	Main Funding Partner	Main Delivery Partner	Action Output	Action Category	Behaviour Change Theory-Primary COM-B Effect of the action (where applicable)	Budget (exl. Core Staff Time & Operating Costs)	Identifying (where applicable) Target Group (where applicable)							Will the Single Item Measure be used to capture PA levels of participants?		Cost to LSP (exl. Core Staff Time & Operating Costs)	Level of completion	Name of Initiative (Dropdown list)	Name of Initiative (Other - free text)	Type of Sport/Activity	Primary Delivery Mechanism	No of events/courses/programmes/delivered	Duration of programme/ initiative in weeks	No of sessions in programme/ initiative	Duration of each session (hrs)	No of Adults			
										Target Number of Programmes/Courses/ Events	Target Number of Participants	Gender	Age	Ability	Socio-economic disadvantage	Ethnicity											Total	Males	Females	Other
Further development engagement with the National Governing Bodies of Sport (NGBs).	Implementation of area specific programmes organised & promoted in association with Steering Group agencies.	Distribute information on activates & opportunities from local clubs & NGBs through social media and direct contact.	Administrator	Other	Other	Number of information communications distributed	Community/club/group develop	Automatic Motivation	6000																						
	Delivery of information on activities & opportunities from local NGBs.	Meet with NGB SDO's & formulate a planed delivery of mutual training courses.	Coordinator	NGB	NGB	Delivery of coordinated plan for Galway coaching & development courses	Communication and Building Aw	Automatic Motivation	6000	4	26	All	All Adults	All abilities		All Ethnicities	No														
	Implementation of mutual training events across a multitude of NGBs	Maintain the NGB SDO forum into the future. Set 2 meetings to put plan in place to delivery activities.	CSDO	NGB	NGB	2 meetings completed	Communication and Building Aw	Reflective Motivation	6000	4	26	All	All Adults	All abilities		All Ethnicities	No														
	Establishment of a sustainable forum for NGB development officers with the aim of establishing an annual plan of activities.	Link with NGB's to plan joint applications for specific funding streams.	Coordinator	Other	Other	Number of joint applications produced for funding streams	LSP Management	Physical Opportunity Development	6000	10																					
Activity seek to increase the level of external investment in GSP	Completed applications for funding to run joint initiatives between NGBs & GSP.	Involvement in Healthy City & County boards.	Coordinator	Other	Other	Level of involvement in Health City & County programmes	Developing Partnerships	Physical Opportunity Development	6000	6																					
	Investments opportunities, linking with local & national agencies to support programmes, courses, events & activities of GSP.	Investigate partnership that would be mutually beneficial regarding personnel & finance.	Coordinator	Local Authority	Other	Number of programmes delivered jointly	LSP Events	Physical Opportunity Development	6000	6																					
	Investments opportunities, linking with local & national agencies to support programmes, courses, events & activities of GSP.	Investigate partnership that would be mutually beneficial regarding personnel & finance.	Coordinator	Local Authority	Other	Number of programmes delivered jointly	LSP Events	Physical Opportunity Development	200000	8																					
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									Operational Planning for activity based actions only								Evaluation Planning	← PA →	Reporting for all actions		Reporting for activity based actions							Reporting on Reach				
Strategic Goal	Objective	Action	Staff Lead	Main Funding Partner	Main Delivery Partner	Action Output	Action Category	Behaviour Change Theory-Primary COM-B Effect of the action (where applicable)	Budget (ext. Core Staff Time & Operating Costs)	Identifying (where applicable) Target Group (where applicable)							Will the Single Item Measure be used to capture PA levels of participants?		Cost to LSP (ext. Core Staff Time & Operating Costs)	Level of completion	Name of Initiative (Dropdown list)	Name of Initiative (Other - free text)	Type of Sport/Activity	Primary Delivery Mechanism	No of events/courses/programmes/delivered	Duration of programme/ initiative in weeks	No of sessions in programme/ initiative	Duration of each session (hrs)	No of Adults			
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